

Cardinal Wright Regional School March Nutritional Information

2010

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Feb. 28	1 Calories: 325 Carbs: 29 Protein: 18	2 Calories: 295 Carbs: 27 Protein: 20	3 Calories: 280 Carbs: 24 Protein: 17	4 Calories: 320 Carbs: 24 Protein: 20	5 Calories: 235 Carbs: 26 Protein: 15	6
7 <i>Granola Breakfast Bar – 375 Calories</i>	8 Calories: 325 Carbs: 29 Protein: 18	9 Calories: 350 Carbs: 32 Protein: 21	10 Calories: 265 Carbs: 24 Protein: 15	11 Calories: 320 Carbs: 24 Protein: 20	12 Calories: 235 Carbs: 26 Protein: 15	13
14 <i>Teddy Grahams – 295 Calories</i>	15 Calories: 325 Carbs: 29 Protein: 18	16 Calories: 295 Carbs: 27 Protein: 20	17 Calories: 280 Carbs: 24 Protein: 17	18 Calories: 320 Carbs: 24 Protein: 20	19 Calories: 235 Carbs: 26 Protein: 15	20
21	22 Calories: 325 Carbs: 29 Protein: 18	23 Calories: 350 Carbs: 32 Protein: 21	24 Calories: 265 Carbs: 24 Protein: 15	25 Calories: 320 Carbs: 24 Protein: 20	26 Calories: 235 Carbs: 26 Protein: 15	27
28 <i>Menu Listed On Reverse!</i>	29 Calories: 325 Cararbs 29 Protein: 18	30 Calories: 295 Carbs: 27 Protein: 20	31 No School Teacher In Service	April 1 No School Holy Thursday	April 2 No School Good Friday	April 3