





# Cardinal Wright Regional School January Lunch Menu

## 2010

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	PB&J and Salad Served Daily!				<sup>1</sup> <i>New Year's Day</i> <i>No School</i>	<sup>2</sup>
<sup>3</sup> <i>Alternate Week of Jan 4<sup>th</sup> Hot Dog</i>	<sup>4</sup> Assorted Nuggets Veggie Fruit Milk	<sup>5</sup> Chicken Pot Pie Veggie Fruit Milk	<sup>6</sup> Ham & Cheese or Turkey & Cheese Potato Fruit/Milk	<sup>7</sup> Meatballs/Pasta Veggie Fruit Milk	<sup>8</sup> Asst. Breadsticks or Pizza Pocket Veggie/Fruit Milk	<sup>9</sup>
<sup>10</sup> <i>Alternate Week of Jan 11<sup>th</sup> Hamburger or Cheeseburger</i>	<sup>11</sup> Sloppy Jo w/cheese stick Veggie/Fruit Milk	<sup>12</sup> Soft Taco Cheesy Fries Fruit Milk	<sup>13</sup> Chicken Nuggets Tater Tots Fruit Milk	<sup>14</sup> Mac & Cheese Bites Veggie/Fruit Milk	<sup>15</sup> Asst. Pizza NO ALTERNATE Veggie Fruit/Milk	<sup>16</sup> 
<sup>17</sup> <i>Alternate Week of Jan 18<sup>th</sup> Hot Dog</i>	<sup>18</sup> <i>Dr. Martin Luther King Day</i> <i>No School</i>	<sup>19</sup> Salisbury Steak Mashed Potatoes Veggie/Fruit Milk	<sup>20</sup> Ravioli w/Breadstick Green Beans Fruit/Milk	<sup>21</sup> BBQ Riblet Sandwich Tater Tots Fruit/Milk	<sup>22</sup> Pizza Veggie Fruit Milk	<sup>23</sup>
<sup>24</sup> <i>Alternate Week of Jan 25<sup>th</sup> Hamburger or Cheeseburger</i>	<sup>25</sup> Macaroni & Cheese Veggie Fruit Milk	<sup>26</sup> <u>BRUNCH LUNCH</u> French Toast Sticks Sausage Hashbrown Juice/Milk	<sup>27</sup> Chicken Nuggets Augratin Potatoes Fruit Milk	<sup>28</sup> Corn Dog Nuggets Tater Tots Fruit Milk	<sup>29</sup> Pizza Veggie Fruit Milk	<sup>30</sup>
<sup>31</sup>			Nutritional Information Listed On The Reverse Side!			